

though the number could be increased if necessary without danger from infringement of the laws of cubic space. All sorts of cases are admitted—in fact they are taken as they offer, being received on a certificate of one or other of the Medical Officers, subject to the veto of the Committee, which, however, is very seldom exercised. In respect to admissions, all are treated with common favour; Europeans and natives, males and females, juveniles and adults, gentle and simple, all find their way when sick and destitute into the Hospital, where they are classified and bedded as well as the dozen apartments in it will permit. The cases are mostly medical—pneumonia, fever, bronchitis, phthisis, heart disease, albuminuria, alcoholism, &c., though not unfrequently a fracture will turn up, and so will a case for operation. At the time of writing, for instance, there is a case of cataract and another of tibial sequestromy.

It would be unfair, too, to omit to say that Sister Alice ministers to the comfort of the sick in other respects. In a hall used for many purposes there is a piano; and with assistance from local amateurs, concerts are frequently given for the amusement of such of the inmates as can safely be brought out. These gatherings are always joined in by ladies and gentlemen from the town, who find most enjoyment in spending an occasional evening in this way. Every patient also can have his own minister of religion at his bedside, in addition to which the Sister has secured the services of the assistant curate of St. Michael and All Angels for a weekly evening Church service. Jealousies and bickerings are also so common where Medical Officers, Matrons, Nurses, and Committees of Management are mutually concerned, that I have no small pleasure in noticing a rising institution where these things have not appeared, and from which I hope they will be long kept at a distance.

I HAVE great satisfaction in bringing to the notice of my readers a new food preparation, which is likely to prove of very considerable use and value in sick nursing. It is called "Bailey's Pure Concentrated Clam Juice." It is made from fresh clams, with the indigestible portions eliminated, so that at a moment's notice a very refreshing and invigorating soup can be prepared by simply adding milk and butter to suit the taste. It is almost universally admitted, in America at all events, among Medical Practitioners that clam juice is one of the most nourishing of foods, and in thousands of cases it has been retained on the stomach when no other could be, and is in my opinion, and in the opinion of those who have

tried it, even superior to beef-tea for the purposes for which it is intended. I find the best results obtained by opening a tin of the juice and using a breakfastcupful of it, together with the same quantity of fresh milk, a piece of butter about the size of a filbert, and just a dash of pepper. These should be put together in an enamelled pan, and allowed to remain on the fire until just short of boiling; served up as hot as is possible in a basin or in a breakfast-cup with strips of toast, it is undoubtedly a delightful preparation. Some medical friends of mine have tried it, with the result that they have declared they will never be without it. Pint cans can be obtained at one shilling and sixpence each, and Mr. James Brusey, fish salesman, 41, Bedford Street, Strand, is one of the agents for the sale of it. I strongly recommend all those of my Nursing friends to give it a trial.

THE enterprising and well-known firm of Southall Brothers and Barclay, Birmingham, have manufactured a Southall's Handy Basket for District Nurses, which is a well-made wicker basket, about fourteen inches square, lined with American cloth, and fitted with two partitions. Between the two partitions is a space for nourishments, at the bottom of which is a japanned tin tray, to catch any "spills" or crumbs. This tray is movable, and can be taken out to clean. The right hand division of the basket contains a Higginson enema complete, in cedar slide box, a medicine glass and minim measure in case, a bottle of sal volatile in case, bandages, mustard leaves, strapping, lint, and pins.

THE left hand division holds stoppered bottle of carbolic lotion, ditto of carbolic oil, zinc ointment, vaseline, gutta-percha tissue, catheter and tubing, absorbent pads, &c. Secured by loops in the lid are scissors, syringe, clinical thermometer, dressing forceps, spatula, iodine, styptic, menthol, and smelling salts. The whole forms a compact and useful District Nurse's basket, and is a great advance upon those usually provided for them. Unnecessary weight has been avoided, and the basket has a nice appearance, and can be had in dark blue or green wicker; it can be easily carried, and a black leather strap passing under the basket and over the lid takes off undue strain upon the handle, and saves a good deal of wear on the basket.

I HAVE much pleasure in drawing my readers' attention to the fact that, under the auspices of the Santa Claus Society, another Doll Dressing Competition, similar to the one last year (the particulars of which were published in the

[previous page](#)

[next page](#)